

Increase your Staying-power-

To build up stamina—to
develop strength and muscle—to
withstand the strain of strenuous
exertion—train on Oxo.

A steaming cup of Oxo
after a gruelling run quickly
restores strength and vitality.

OXO

It's Beef that counts!

National Cross-Country Union of Scotland

Under the Patronage of

THE EARL OF ROSEBERY
THE EARL OF EGLINTON AND WINTON
THE EARL OF HOME
LORD BELHAVEN AND STENTON
MARQUIS OF DOUGLAS AND CLYDESDALE
Sir JOHN STIRLING MAXWELL, Bt.
Sir HUGH SHAW STEWART, Bt.

FORTY-THIRD ANNUAL NATIONAL CROSS-COUNTRY CHAMPIONSHIP

(APPROXIMATELY NINE MILES)

3.45 p.m.

:: and ::

YOUTHS' 3 MILES CHAMPIONSHIP

:: within ::

HAMILTON PARK RACECOURSE

(Kindly granted by the Directors)

On SATURDAY, 4th MARCH, 1933

at 3-15 p.m.

PROGRAMME - 3D

LIST OF OFFICIALS.

Judges.

Messrs. Lt.-Col. T. C. R. MOORE, C.B.E., M.P., J. D. ANDERSON,
C. CHALMERS, H. J. SCOTT, J. W. PORTEOUS, D. McSWEIN
and T. McALLISTER.

Referee—Mr. W. MURDOCH,

Timekeepers.

Messrs. G. HUME, J. McCULLOCH, J. W. MILLER, D. TAYLOR,
G. M. GRANT and W. FERGUSON.

Mark and Marshal Stewards.

Messrs. J. O. HEPBURN, T. JACK, D. McSWEIN, W. CARMICHAEL,
G. PETERS, J. FOLLON, J. HOWIESON, A. F. NEILSON,
B. McMILLAN, R. F. McMURRAY, S. STEVENSON, J. FORSYTH
and W. S. McCARTHY.

Gate Stewards.

Motherwell and Hamilton Representatives in charge of Mr. R. F. McMURRAY
and Mr. J. SCOTT.

Honorary Secretary and Treasurer.

GEORGE DALLAS, 239 Cumbernauld Road, Glasgow, E.1.

BYE-LAWS.

Rule 15.—No attendant shall accompany any Competitor on the Scratch or in the Race, nor shall any Competitor be allowed to receive assistance or refreshments from anyone during the progress of the Race. The Committee shall have full power to deal with any infringement of this Rule.

Rule 16.—All protests shall be made in writing to the Secretary before the prizes are presented, and must be accompanied by a deposit of 5/-, which shall be forfeited if, upon investigation, it is found to have been made on no reasonable ground.

Secretaries of Clubs must declare Teams before 3 p.m. Teams not declared will be considered as not having started.

Competitors must have numbers securely fixed on their breast.

Competitors are requested not to leave any valuables in their pockets whilst taking part in the contest.

No other runners to go over the trail prior to the race

PROGRAMME.

NATIONAL YOUTHS' THREE MILES CHAMPIONSHIP

TEAMS.

Teams and Individuals will turn out in the following order, and take up position from inside of the Course—

Paisley Harriers	West of Scotland Harriers	Garscube Harriers
Greenock Wellpark H.	Glasgow Harriers	Plebeian Harriers
Victoria Park A.A.C.	Hamilton Harriers	Eglinton Harriers
Motherwell Y.M.C.A.	Monkland Harriers	Clydesdale Harriers
Irvine Y.M.C.A. Harriers	Bellahouston Harriers	South Glasgow A.A.C.
Bellshill Y.M.C.A. Harriers	St. Peter's A.A.C.	Beith Harriers
Shawfield Harriers	Shettleston Harriers	Maryhill Harriers
Springburn Harriers	Greenock Glenpark H.	Y.M.C.A. (Glasgow) Har.
	Kilbarchan A.A.C.	Individuals

INDIVIDUALS.

- A W. H. Ferguson, Edinburgh Northern Harriers.
- B D. Barnes, Mauchline Harriers.
- C Jas. K. Maxwell, Catrine A.A.C.
- D A. Falconer, Canon A.S.C.
- E Robt. Bottomley, Auchmountain Harriers.
- F Wm. McKenzie, Penicuik Harriers.
- G Jack L. Johnstone, Penicuik Harriers.
- H J. Bruce, Paisley Y.M.C.A. Harriers.
- J P. Scott, Paisley Y.M.C.A. Harriers.
- K R. Coulson, Cambuslang Harriers
- L E. Fallon, Cambuslang Harriers
- M D. Ferguson, Cambuslang Harriers

No. 1—BEITH HARRIERS.

Colours—Black and White.

1 G. Murdoch	4 J. McCallum
2 J. Glen	5 C. Bates
3 T. T. Hector	6 A. Tait

Total Points,

No. 2—BELLAHOUSTON HARRIERS.

Colours—Dark Blue, Pale Blue St. Andrew's Cross.

7 J. Carson	10 A. Hamilton
8 A. Dickie	11 W. A. Smith
9 T. Gibson	12 J. Wyper

Total Points,

No. 3—BELLSHILL Y.M.C.A. HARRIERS.

Colours—Black with Yellow Band.

13 J. Douglas	16 R. Wylie
14 W. Morton	17 R. Young
15 J. Waddell	18 J. Henderson

Reserves.

19 A. Buchanan	20 J. Westrop
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Total Points,

No. 4—CLYDESDALE HARRIERS.

Colours—White Singlet, Black "C" front and back, Black and White Pants.

21 G. Gilmour	24 W. Kirkland
22 D. Gilmour	25 H. Gillan
23 P. Monahan	26 A. Easton

Reserve.

27 J. Denovan

Total Points,

No. 5—EGLINTON HARRIERS.

Colours—Black and White and Black "E."

28 A. McDonald	31 J. Yuille
29 W. Fulton	32 W. Park
30 W. Martindale	33 J. Evans

Total Points,

No. 6—GARSCUBE HARRIERS.

Colours—White, Blue Band.

34 C. Thomson	37 H. P. Hyslop
35 G. B. Russel	38 E. Dobbie
36 R. S. Williamson	39 J. Ferguson

Reserves.

40 D. Craig	43 H. Rushworth
41 D. B. Forbes	44 J. Sharp
42 T. F. Barton	

Total Points,

No. 7—GLASGOW HARRIERS.

Colours—White, Dark Blue Band and Circle Back and Front.

45 D. Armstrong	48 H. Tennent
46 A. Skene	49 N. Watson
47 J. Mearchant	50 J. Keenan

Total Points.

No. 8—GREENOCK GLENPARK HARRIERS.

Colours—Black Knickers, Light Blue Singlet with Badge.

51 T. Mearns	54 W. McGlinn
52 T. Hamilton	55 H. McLeod
53 J. McEwan	56 W. Kerr

Total Points,

No. 9—GREENOCK WELLPARK HARRIERS.

Colours—White Singlet with Black Band.

57 T. Harrower	60 T. McLuskey
58 J. Cameron	61 T. Grant
59 A. Cunningham	62 J. Dyer

Total Points,

No. 10—HAMILTON HARRIERS.

Colours—White with Red Facing.

63 T. G. Thomson	66 C. McAlinden
64 P. Morrow	67 A. Leggate
65 A. Law	68 J. McConaghy

Reserves.

69 J. Craig	71 W. Manuel
70 T. Wilson	

Total Points,

No. 11—IRVINE Y.M.C.A. HARRIERS.

Colours—White with Blue Band and Red Triangle.

72 G. S. Pringle	75 T. Grier
73 J. Finnie	76 J. Gibson
74 J. Storrar	77 J. Owing

Reserves.

78 R. Nairn	79 J. Coul
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Total Points,

No. 12—MARYHILL HARRIERS.

Colours—Royal Blue.

80 J. Forrest	83 J. Nelson
81 W. Melrose	84 J. Ross
82 R. McAlpine	85 J. McLuckie

Reserves.

86 W. Cowan	87 W. Z. McNarey
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Total Points,

No. 13—MONKLAND HARRIERS.

Colours—Black with White Sash.

88 G. Tennant	91 J. Miller
89 T. Hughes	92 W. Miller
90 J. Douglas	93 R. Taylor

Reserves.

94 J. Williams	96 J. Cosgrove
95 J. McDonald	97 J. Brown

Total Points,

No. 14—MOTHERWELL Y.M.C.A. HARRIERS

Colours—Black with White Facings.

98 R. Smellie	101 W. Brown
99 M. Brawley	102 A. Gibson
100 J. Diver	103 A. Sennel

Total Points,

No. 15—PAISLEY HARRIERS.

Colours—Saxe Blue with Red Band.

104 A. Muir	107 H. Mack
105 W. Campbell	108 W. Finnie
106 L. Adam	109 T. Stewart

Reserves.

110 T. Ward	112 J. K. Laurie
111 W. Laffey	

Total Points,

No. 16—PLEBEIAN HARRIERS.

Colours—White with Red Band and Facings.

113. A. McGregor	116 J. McKenzie
114. H. Wilkie	117 S. Kemp
115. W. Hall	118 J. Kerr

Reserves.

119 J. Rutherford	121 J. Graham
120 J. Anderson	122 C. Pickard

Total Points,

No. 17—ST. PETER'S A.A.C.

Colours—White with Badge.

123 J. J. McDonald	126 J. Traynor
124 H. Strange	127 J. Barry
125 J. Diamond	128 C. McCusker

Reserves.

129 J. Malloy	130 T. Fitzpatrick
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Total Points,

No. 18—SHAWFIELD HARRIERS.

Colours—Red with Gold Band.

131 J. N. Lapraik	134 J. Graham
132 W. Shearer	135 J. Andrews
133 D. Campbell	136 A. Brogan

Reserves.

137 G. Danks	138 A. Henderson
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Total Points,

No. 19—SHETTLESTON HARRIERS.

Colours—Royal Blue and Gold.

139 A. F. Baxter	142 A. McIntyre
140 J. Fannon	143 J. Park
141 H. C. Flockhart	144 T. G. Williamson

Reserves.

145 J. Kemp	146 W. H. Hendrie
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Total Points,

No. 20—SOUTH GLASGOW A.A.C.

Colours—Brown with White Diamond.

147 F. Lannagan	150 J. McFadyen
148 V. Strawbridge	151 G. Smith
149 P. McKerrol	152 D. Crosbie

Reserves.

153 E. Toner	154 F. Gow
154 D. Smith	

Total Points,

No. 21—SPRINGBURN HARRIERS.

Colours—Dark Blue with Diamond.

156 J. Airston	159 J. McKenna
157 C. Campbell	160 R. Thomson
158 F. Gemmell	161 D. Wilson

Reserves.

162 W. Carson	164 J. Wilson
163 P. Howieson	

Total Points,

No. 22—VICTORIA PARK A.A.C.

Colours—Blue and White Hoops.

165 W. Hutcheson	168 R. Jenkins
166 W. D. Oswald	169 J. McMurchy
167 I. Cromarty	170 H. McBride

Reserve.

171 W. Galloway	
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Total Points,

No. 23—WEST OF SCOTLAND HARRIERS.

Colours—Pale Blue Singlet with Black Band.

172 A. D. Paterson	175 A. Baldwin
173 P. McKenzie	176 M. A. Bell
174 J. Parker	177 D. Young

Reserves.

178 A. Graham	180 R. Garland
179 A. McIver	

Total Points,

No. 24—Y.M.C.A. (GLASGOW) HARRIERS.

Colours—White Singlet with Red Triangle Front and Back.

181 J. Brock	184 L. Macintyre
182 W. Black	185 A. McVean
183 H. Clark	186 W. Steel

Reserve.

187 R. Campbell	
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Total Points,